



WHERE QUEER HOPE & JOY FLOURISH



www.lgbt.foundation
☎ 0345 3 30 30 30

DOMESTIC ABUSE

SUPPORTING VICTIMS/SURVIVORS OF DOMESTIC ABUSE

- Resilience Building
- 1-1 Support
- Legal Options
- Referrals
- Independent Advocacy
- Independent DA Advisors



www.lgbt.foundation/liverpool

SEXUAL HEALTH

BODY-NEUTRAL, PLEASURE-POSITIVE LGBTQ+ SEXUAL WELLBEING SUPPORT

- Condoms & Lube
- At-Home STI Tests
- In-Person Testing
- PrEP & PEP Advice
- Living Well with HIV
- Sex Guides



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MENTAL HEALTH

WELLBEING SUPPORT TO HELP YOU FIND A WAY FORWARD

- Helpline
- Wellbeing Groups
- Email Support
- Help & Advice Hub
- Online Resources
- Wellbeing Events



www.lgbt.foundation/help

RECOVERY

SUPPORTING YOUR JOURNEY TO A BETTER RELATIONSHIP WITH SUBSTANCES

- Alcohol use
- Drugs use
- Chemsex
- 1-1 Support
- Resources



www.lgbt.foundation/liverpool

PRIDE IN AGING

CELEBRATING AND SUPPORTING OUR DIVERSE LGBTQ+ COMMUNITIES

- Social group meets for over 50s once a month
- Additional special events across the year



www.lgbt.foundation/communities

VOLUNTEERING

BE THE BEST ADVOCATE FOR LGBTQ+ PEOPLE

- Outreach and events
- Peer Support
- Community



www.lgbt.foundation/volunteering

HOW WE CAN HELP

At LGBT Foundation, we've been empowering LGBTQ+ people since 1975. Did you know that we now offer services for free to all residents of the Liverpool City Region?

Find out more about any of these services or how you can get involved by visiting our website or scanning below!



Our Liverpool services :

- Sexual Health Services
- Domestic Abuse Support Services
- Recovery Support Services

Stay connected: www.lgbt.foundation/newsletter