

# **PLEASURE ADVOCATES**

## Date last updated: 19th March 2025

#### About the Role:

LGBT Foundation's Sexual Health team provide free sexual wellbeing advice, support and resources to residents across Greater Manchester (GM). <u>The PaSH Partnership</u> funds us to have conversations with GM LGBTQ+ residents, as well as anyone questioning their identity and MSM (men who have sex with men) - not all of whom may describe themselves/identify as part of the LGBTQ+ community.

Our Pleasure Advocates provide frontline advice and signposting around sexual wellbeing across Greater Manchester, from saunas and kink events to open mics, life drawing, 'Freshers Fairs', cabaret nights or library spaces - we'll pop up anywhere to advocate around sexual health! As such, there is no 'typical' shift, location or conversation for this team. It is our mission to promote and open up conversations about sexual health and wellbeing, in creative and engaging ways.

Some shifts will have a calm and quiet setting, with the option of seating, other settings will require moving around busy and loud spaces. Conversations can be incredibly varied, from supporting people to take away a home testing kit to signposting groups, services and resources. Volunteers will have information about each shift they can choose to sign up to, so if there are settings you want to avoid, this is manageable.

## **Typical duties**

We ask volunteers to complete a minimum of 1 shift per month. This helps us to keep the service running smoothly and you to keep your knowledge and understanding up to date. In these shifts you will be provided with all necessary equipment. Whilst on shift, we're looking for you to be:

- a friendly presence at events and groups across Greater Manchester
- representing yourself in a professional manner as an ambassador for LGBT Foundation, upholding the Sexual Health team's approach to discussing sexual wellbeing
- supporting those in need of updated sexual wellbeing information, providing a range of free tools, advice and signposting; advocating for sexual wellbeing in an open and non-judgemental way
- collecting demographic information from outreach conversations and logging stock distribution
- being responsible for looking after 'outreach equipment' taken from LGBT Foundation's building, repacking and topping up stock for use, as needed
- typically, working in a minimum team of two volunteers, when confident and comfortable, you will have the opportunity for solo shifts with 'on call' support from a member of the Sexual Health Team
- (optional) helping the team to identify new contacts, venues and events for us to provide a presence at across the ten Greater Manchester boroughs.



#### Skills & knowledge we ask you to have

We think this role would suit someone who has the following skills. If you're not sure if you have these skills or would like to chat to us about developing these skills, please still apply!

- A willingness to learn, you're not expected to know everything, and training will be provided, but we need volunteers to have an open mind and aware they might not know what they don't know! Sexual Health is an area where the guidance and advice can change and develop quite quickly in response to new information or research
- Strong communication skills and a good understanding of the English language is vital to the role, you'll be communicating instructions, advice and signposting in a range of environments these can often be loud spaces or require speed of delivery
- You must have compassion and the ability to advise and support those in need and be confident in engaging strangers in conversation, including initiating interactions with members of the public
- Knowledge of the current issues affecting the LGBTQ+ community, including understanding of local and national knowledge of sexual health services (training provided)
- Understanding about safeguarding and signposting vulnerable people (training provided)

### Benefits of volunteering with us

- You'll have opportunities to develop your confidence and will be fully supported on every shift
- You will typically work as part of a team of two and develop your teamwork skills
- There are regular social events for meeting and connecting with other volunteers at LGBT Foundation
- Make new connections and deliver as part of the PaSH Partnership https://gmpash.org.uk/
- Making a difference; the Team support thousands per year to have safer and more pleasurable sex!

## Training we provide for this role

Alongside shadowing a minimum of two shifts, provided training for this role will cover:

- How we talk about sexual health & wellbeing and basic information about a range of sexual health tools and topics (in particular, PrEP, PEP, U=U, signposting to SARCs)
- How to provide someone with a home testing kit to 'take-away'
- Information about your responsibilities around safeguarding and signposting vulnerable people

## How to apply

Complete our application form: <u>https://form.jotform.com/220763317176355</u>.

If you need support completing this form or have any questions, email volunteer@lgbt.foundation.

We particularly welcome applicants who identify as a person of colour, disabled and/or as a person of faith as they are currently underrepresented in our volunteer team.