

The Lesbian & Gay Foundation Annual Review 2007/2008



## WE CAN'T DO THIS WITHOUT YOU!



## A WORD FROM THE CHIEF EXECUTIVE AND THE CHAIR OF THE BOARD OF TRUSTEES



**PAUL MARTIN**Chief Executive



**DAVID McGOVERN**Chair of the Board of

## Welcome to the Lesbian and Gay Foundation



Picture: Some of the current LGF staff team. Photo: Karen Julia

THE LAST 12 MONTHS HAS SEEN US PLACE A VERY STRONG EMPHASIS ON REVIEWING AND EVALUATING OUR PERFORMANCE.

For the first time the LGF introduced a Balanced Scorecard Performance Management System last year, which closely tracked the in-year activities and performance of all the work programmes across the organisation. This framework identified 36 key performance indicators across 4 areas which were identified as requiring a priority focus and were closely measured by the Directors and Trustees. These were in the areas of customer focus, people focus, performance focus and finance focus.

Overall the LGF is pleased to report the following progress has been made. Of the 36 performance indicators, 24 (67%) ended the year as green and therefore these targets were either met or exceeded. A further 9 (25%) were amber which meant that although the target hadn't been met, good progress had been made in the year. Only 3 (8%) of the targets ended the year in red, which meant that progress had been slow or

insufficient and the target had not been met. Further information can be found in the Trustee's Annual Report for last year and is available on www.lgf.org.uk from the beginning of October 2008.

Further emphasis will be placed on continuing to improve our performance overall, and hopefully this demonstrates our intention for the LGF to fully come into its own and become THE lesbian, gay and bisexual person's charity of choice, with a real and dedicated commitment to ENDING HOMOPHOBIA and EMPOWERING PEOPLE throughout the North West region and beyond.

Building upon the hard work undertaken in previous years, the LGF is fully focussing its priorities on ensuring that our services are strongly evidence based, delivered to an uncompromisingly high standard of customer satisfaction, and bring real and enduring benefit to all people coming into contact with our organisation.

2008/09 sees significant projected growth for the LGF with a drive towards more appropriate staffing levels commensurate with our outputs, a root and branch review of all of our operational services to take them more meaningfully into the next phase of our development, and a commitment to reach out and more actively support the LGB voluntary and community sector, are just some of the highlights from an annual programme fundamentally committed to consolidation, growth and excellence in equal measure.

Expanding the reach and impact of the LGF is a strong and familiar tradition amongst our staff and volunteers, and the coming year will see extensive work focussed on reviewing and evaluating these comprehensive range of support services to LGB people. Meaningful consultation will see service provider and service user alike involved in the revitalisation and renewal of these essential services to our community.

Increasing our profile and expanding our influence will also be a key priority for the coming year. Building up the further capacity of the LGF and nurturing the potential of the LGB voluntary and community sector should and could become a reality this year. For the first time, real and meaningful opportunities exist with a number of Funders to establish more equitable and fairer access to development monies. The LGF has already positioned itself in previous years to fully benefit from these emerging opportunities, and our intention is to share these benefits with other LGB organisations to fully support their own growth and future developments.

Communicating the life experiences of LGB people will be a key driver of much of our work in the coming years. The anticipated development this year of 'The Big Gay Debate', a regional 'LGB Census', and a 'Sexual Orientation Roadshow' will assist enormously with the challenge of placing the everyday life experiences and aspirations of ordinary LGB people firmly within the mainstream. For too long, LGB people have remained on the margins of society, and the LGF will use all of its resources and communication channels to promote and champion LGB people's rights to equal treatment within and throughout society.

The LGF has a rich and vibrant history of innovation and delivering results, and our reputation, which is second to none, has been hard won. This coming year will see the LGF, its Trustees, Staff, and Volunteers building upon our previous success and more than ever before, 'Ending Homophobia and Empowering People.' Are you ready yet to come and join us? We really can't do this without YOU!

With very best wishes.

Paul Martin David McGovern

For a large print format of this report, please call 0161 235 8035, or email info@lgf.org.uk

## We believe in a fair and equal society where all lesbian, gay and bisexual people can achieve their full potential.

To help achieve our vision, our work includes providing a range of support groups, faceto-face counselling, the largest free condom scheme outside of London, anti-homophobia projects in schools, a substance-misuse project, organisational training, a regional magazine (outnorthwest), a range of guides and resources, a national website, an LGB Helpline, advice surgeries, support for LGB&T community groups, various research projects and policy campaigning.

As a result, we provide more direct services and resources for more lesbian, gay and bisexual people than any other charity of our kind in the UK.

Our impact in 2007/08 included:

- 774,503 people accessing the LGF via our services, resources, magazine and other printed resources (excluding safer sex packs).
- Through providing safer sex packs, we enabled people to have safer sex over 500,000 times last year within Greater Manchester.
- We produced and distributed over 180,000 copies of outnorthwest and a further 584,936 resources informing and advising LGB people and our supporters – including vital information on local services, sexual

health, mental health and drug and alcohol related issues.

- Through our Helpline and email support over 3,000 people were supported and informed.
- We provided over 1,000 hours of counselling, helping to improve the mental health of LGB people across Greater Manchester and into the North West.
- During 1,183 visits to groupwork sessions, people were able to explore coming out, meet others and gain vital support and information in a safe and supportive environment.
- We helped the campaign to reduce sexually transmitted diseases and HIV infection by opening the doors to our unique, community based outreach sexual health clinic to 173 men.
- Our website took almost 7.75million hits to make a significant contribution to increasing access to information and services to LGB people who were unable or chose not to visit us in person.
- 11,982 people walked through our doors to receive crisis intervention, work in partnership or simply to receive information, advice or training.

Without our supporters and the dedicated Trustees, Volunteers and Staff of the Lesbian & Gay Foundation, none of this work would happen.

WE CAN'T DO THIS WITHOUT YOU.



## YES! I CHOOSE TO MAKE A DIFFERENCE...

## **Standing Order Form**

| Assount to be debited Vous Paul   | ( Details)                                  |
|---|---|
| Account to be debited (Your Bank Details)   |   |
| Bank Name   |   |
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| Donation amount   | £   |
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| When paid (please tick box)   | Monthly One-off                             |
|   | (to be paid until donation further notice). |
| Your contact information  |   |
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| Telephone Number  |   |
| Email Address   |   |
| Please note that the LGF will use this contact information only, and it will not be shared with any third parties without first requesting your permission. |   |
| Signed  |   |
| Customer  |   |
| signature(s)  |   |
| Date  | DD/MM/YY                                    |
| Beneficiary Details (Our Bank Details)  |   |
| Bank  | Unity Trust Bank plc                        |
| Branch Details  | Nine Brindley Place<br>Birmingham<br>B1 2HB |
| Sort Code   | 0 8 6 0 0 1                                 |
| Account Number  | 2 0 2 1 2 0 4 3                             |
| Beneficiary Name  | LGF Supporters Account                      |
| The Leshian & Gay Foundation 4th Floor Princess House   |   |

The Lesbian & Gay Foundation, 4th Floor, Princess House, 105-107 Princess Street, Manchester M1 6DD Tel: 0161 235 8035

## Thank you.



Please detach this panel and post to: FREEPOST RLZG-SLUJ-RXKJ The Lesbian & Gay Foundation, 4th Floor, Princess House,

105-107 Princess Street, Manchester, M1 6DD.



## INVEST IN THEIR FUTURE

"I'm glad you came into our school, and hopefully it will change the way people think. I think if we all try, we can make a difference. You should keep this up. Homophobia is unacceptable, and it upsets me that people laugh and use the word gay. It's horrible how people can be hurt for just being themselves." Manchester High School pupil

The LGF is pushing forward projects that help to end young gay people being bullied at school because of their sexuality.

- The Lesbian & Gay Foundation is the lead partner in Exceeding Expectations, Manchester's multiagency campaign working towards ending homophobia through education.
- Almost 3,000 young people have seen a new play entitled OUTLOUD which tells of young peoples'

- experiences of homophobia and homophobic bullying in Manchester schools
- Over 32,000 newsletters have been distributed to 13,000 education professionals across 176 schools in 2007/08, to help combat homophobia.
- A steering group has been established to ensure that our work is guided by the views of young people.
- A new website has been developed to offer virtual support to both education professionals and young people.



## IT PAYS TO TALK IT OVER

"I was nervous and almost didn't go in for my first appointment at LGF but my counsellor was relaxed and made me feel at ease. The session wasn't as harrowing as I thought it was going to be. I actually looked forward to going for my weekly appointments. I think everyone should take the opportunity to talk to someone like this." Michael, Tameside

The LGF is here to support lesbian, gay and bisexual people during times when they particularly need someone to talk through their problems with.

- The face-to-face counselling service at the Lesbian & Gay Foundation is a well-established and supportive counselling service. We have a team of over 30 lesbian, gay, bisexual, transgender and heterosexual counsellors, who help people during their times of need.
- We have been serving the North West's LGB community for over a decade and are there to support all aspects of people's lives. Last year we provided over 1,000 hours of counselling to LGB people.
- Our service is a member of the British Association of Counselling and Psychotherapy and as such, agrees to work to the BACP Ethical Framework and receives referrals from individuals and health care professionals.



# Picture by Paul Jones Picture by Paul Jones

## COOD ADVIGERS PRICELESS

"You never know when you may need someone to just listen and that is exactly what I received. I am so appreciative of the service and would like to say thanks. You make a difference and I just wanted you to know that you made a massive difference when I needed it."

David, October 2007

The LGF continue to provide information, support and advice on everything from LGB rights and hate crime, through to social club nights.

- We all need information and support from a friend in the know and LGF's Helpline Service provides thousands of hours of advice and support to thousands of LGB people every year.
- It is a major achievement that this service has continued to support

- so many people over the last 30 years.
- The Helpline is staffed by a dedicated team of 50 volunteer operators, 365 days a year, as well as providing an email service for those online (helpline@lgf.org.uk).
- We also provide advice surgeries on housing, legal issues and policing/hate crime, attended by 115 LGB people in the last year.
- Helpline 0845 3 30 30 30 (local call rates apply). 6pm-10pm: Operators answering your calls. 10am-6pm: Automated System.

## IT'S GOOD TO GIVE & RECEIVE

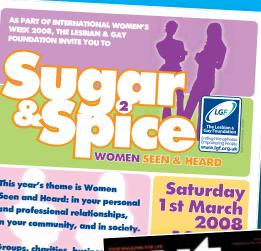
"I would just like to say a huge thank you to all at LGF for the services you provide and in particular, I would like to thank the nurse for screening me at the Outreach Clinic. A member of staff told me after my screening that she had stayed beyond her normal working hours to see me. I cannot express how grateful I am for her to do this for me."

**Outreach Clinic User.** 

The LGF continues to focus around HIV prevention and sexual health promotion for gay and bisexual men.

- We provide over 600,000 individual condoms and 600,000 individual sachets of water based lube per year, to men who have sex with men throughout Greater Manchester.
- The LGF continues to run a weekly outreach clinic for gay and bisexual men in partnership with Manchester Public Health Development Service

- and Manchester Centre for Sexual Health.
- 25,000 copies of our Sexual Health Guide have been distributed with information on the most common sexually transmitted infections and advice on how to try and avoid them.
- The LGF also plan to develop a series of training packages ranging from basic sexual health and HIV awareness through to confidence building and relationships.



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## BEA WONDER WONDER

"I gained a better understanding of my life and other people of the same and similar orientation. I also saw the work that goes into days like this - very impressive!"

Feedback from Sugar & Spice 2008 attended

The LGF are developing projects to support the health and wellbeing of lesbian and bisexual women

- In addition to our generic services such as counselling, helpline, website and resources, we also run two women's specific support groups and have set up the LGF's Women's Service Panel. This helps to ensure that the needs of lesbian and bisexual women are highlighted in our specific work programs.
- Over the last year our women's work has included Sugar and Spice (our annual women's conference); 'Beating around the Bush' (a unique guide to lesbian sexual health); provided 4,000 lubricant sachets for lesbian and bisexual women; and produced 'Thanks for The Mammaries' (a new booklet that takes an in-depth look at breasts and how to look after them).
- We also conducted focus groups with lesbian and bisexual women regarding their understanding of sexual health.

## INFORMATION IS VALUABLE

My partner and I would like to comment on the excellent work that the foundation has been undertaking, and especially the publication of the wonderfully informative 'A Guide to Your Rights' booklet. We are very appreciative, and trust that this will be particularly helpful for young gay people coming to terms with their particular circumstances."

**David, Greater Manchester** 

The LGF want to ensure that lesbian, gay and bisexual people in the North West are among the most well informed in the country.

- Published by the Lesbian and Gay Foundation, outnorthwest is the UK's leading, regional community magazine. 185,000 copies were distributed for free in 2008/09 in both scene and non-scene venues, with thousands more copies downloaded from our website.
- Our website (www.lgf.org.uk) regularly receives more than 1 million hits a month, with over 67,000 unique visitors last year.
- The LGF provided over half a million printed resources in 2007/08 and numerous large-scale community campaigns. From guides on civil partnerships and legal & civil rights for lesbian, gay and bisexual people, through to information on HIV and sexual health for and women's health and wellbeing.

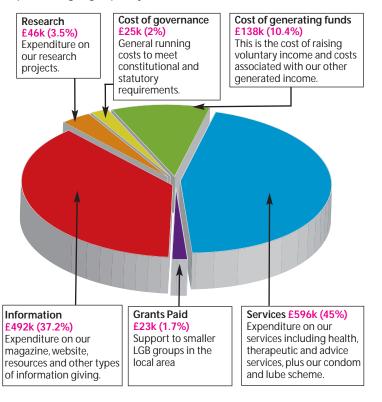
## Where our resources came from 2007/08\*

The Lesbian and Gay Foundation cannot exist without continuing financial investment from a range of Funders, grant makers and donors. We would like to thank every one of them for their vital support.

## Donor supporters scheme Events, donations and corporate £4k (0.3%) sponsorship £102k (8%) Money received through Income received from charity individual monthly donations. challenges, corporate sponsorship and other donations. Charity's activities income Fees and other sales £965k (77%) £241k (16%) Income received for goods Income from advertising in and services provided for the outnorthwest, room hire, benefit of the LGF's counselling and training. beneficiaries.

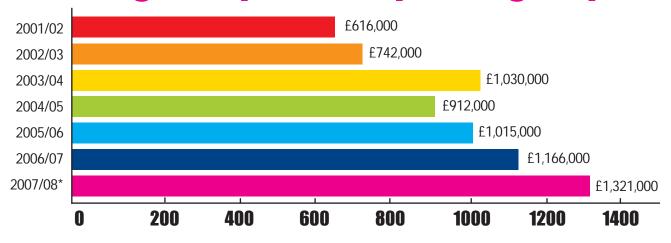
## How we used our funding 2007/08\*

Over 90% of our expenditure was spent on delivering our strategic programmes - services, information and research. Our largest areas of expenditure continue to be in delivering first class and accessible community, health and support services and producing high quality information resources.



## **Expenditure 2001-2008**

## Over the past seven years £6.8m has been spent on 'Ending Homophobia, Empowering People'



<sup>\*</sup> The Lesbian and Gay Foundation's audited statutory accounts will be ratified by the members at their Annual General Meeting in October 2008. A full set of these accounts will be available after this date by writing to The Company Secretary, LGF Ltd, Princess House, 105-107 Princess Street, Manchester, M1 6DD or emailing: info@lgf.org.uk

## PLEASE SUPPORT...



The Lesbian & Gay Foundation would like to thank the following for all their help and support over the last year:

42nd Street 5 Counties Partnership Acevo Adactus Housing Adam Zane

Adam Zane
Age Concern
Albemarie & Bond
Albert Kennedy Trust
All Exceeding Expectations partners
All LGF Research participants
Antony Cotton
Anything Theatrical
APM Arts
Armistead Centre
Ashton College
Ashton, Leigh & Wigan PCT
AstaBGay.com
Awards for All

Awards for All AXM Baa Bar

Barnard Atkins Ltd
Barnardos Health Through Action
Barry Harwood
Basement Sauna Complex

Beliz Catering Ben Crouch

Bent Berkley Scott Big Lottery Fund Billy Rox
Bishop of Manchester
Bishops Advisory Group on Sexuality

Black Health Agency Blackpool Accomodation for Gays Blackpool Central Library Blackpool CVS

Blades Hair Design Blue Arrow Blue Banana Agency Blue Room

Body Positive North West Bolton PCT

**Bradford University** Brian Hore Unit Bridgestreet Worldwide Bridgewater Worldwide Bridgewater House Britannia Hotel British Council Broken Rainbow Bury 6th Form College Bury PCT Cass Business School

Cass Business School
Central Manchester PCT
Change Up – ICT
Channel M
CHAPS Partnership
Cheshire PCT's

Clarities Hair Club Alter Ego CN4M CN4M
Community Chest
Company Bar
Condom Models
Connexions

Consortium of LGBT Community & Voluntary Organisations

Costco
Council Richard Leese Councillor Jeff Smith Councillor Jim Battle Councillor Paul Fairweather

Coyotes Crown Prosecution Service

Cumbria PCT

Department for Education & Skills
Department of Health
Department of Transport & Industry
Drug & Alcohol Sexual Health Service

Durex Ear to the Ground East Manchester Beacon's Project

Edge Hill University Eon Equality & Human Rights Commision (EHRC)

FFLAG (Families & Friends of Lesbians and Gays)

Foreafters.co.uk
Frank at V Communications

Fringe Fylde PCT Garfield Weston Foundation

Gasp UK Gay Men Fighting AIDS Gaydio Genesis

Genesis
George House Trust
GLADD
Glentop Stimulant Service
GMCVO
GMP Recruitment
GMPTE

GMPTE
Government Office North West
Great British Bear Bash (Manbears)
Greater Manchester Council for Voluntary Service
Greater Manchester Health Protection Agency
Greater Manchester Health Protection Unit
Greater Manchester Police
Greater Manchester Police Authority
Greater Manchester Police Authority
Greater Manchester Sexual Health Network Members
Greater Manchester Strategic Health Unit
Greater Manchester Voluntary Sector Support
Green Room
H20 Sauna

H20 Sauna

Heals Health and Well Being Network

Health First Health First Heat Sauna Heywood & Middleton PCT Holocaust Memorial Day Trust Homotopia

Honeycombe Sauna Hope Theatre Company Hot Village Hygenium Icebreakers In The Pink Leisure Ltd

III THE PINK LEISUITE Ltd International Day Against Homophobia (IDAHO) J Jarman Clinic Job Centre Plus John Moores University John Robson John Ryan Joint Headth Unit

Joint Health Unit
Julie Hesmondhalgh
Kath Locke Centre
Kelvin Graphics
Kevin Bolton
King's College Students Unit

Lancashire Sexuality Equality Forum

Leads Pride
Legends
Lesbian Community Project
LeST Health Summit Steering Group
LGBT Outloud

LGF Groupwork LGF Social Work Placements LGF Staff LGF Volunteers Lifeline Lifeshare

Lifeshare
Lightclare Clinic
Lime Pictures
Liverpool Guild of Students
Lloyds TSB Foundation England
Macmillan

Macmillan
Mahtarr Samba
Manchester Alliance for Community Care
Manchester Alliance for Community Care
Manchester Central College
Manchester Centra I College
Manchester Centre for Sexual Health
Manchester City Council
Manchester City Football Club
Manchester City Football Club
Manchester DAST
Manchester DAST
Manchester Drugs Service
Manchester Gy Skinheads
Manchester Joint Health Unit
Manchester Lesbian & Gay Chorus

Manchester LGBT Network Manchester Mental Health & Social Care trust Manchester Metropolitan University Manchester Pride Community Fund Manchester Pride Ltd

Manchester Print Graphics Manchester Public Health Development Service Manchester University Manchester Wind Orchestra

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Manpower
Manto
Maria Oakley
Mark Ince
Marketing Manchester
Marks & Spencer
Mary Whowell
MCC Report Line
MCIN

McIN Medway Convenience Store Midwifery Service –Zion Centre, Moss Side

Miss Ellies Travel
Miss Gay UK
NAAPS
Nandos

NAAPS
Nandos
Napoleons
Nathan Bryson
Neighbourhood Renewal Fund
New Deal for East Manchester
New Start Trust
New Union Hotel
New York New York
Newcross Dental Surgery
Newton Heath GP
NHS North West
Nice & Naughty
Nine Lives Productions
North Manchester GUM Clinic
North Manchester PCT
North West Development Agency
North West Equality and Diversity Group
North West LGBT Network
North West Regional Assembly
(Equality & Leadership Group)
Northern Aces Tennis Group
Northern Aces Tennis Group
Northern Countles
Northern Wave

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Parklands High School
Passante

Pasante

Philip Bradley
Phoenix Centre for Sexual Health, Oldham

Prink Paper
Pink Paper
Pink Parents
Plain Sense
Pink Sofa
Pokusevski's Delicatessen
Poptastic

Pride Games Pure Tanning Purple Chris

Queerupnorth
Rainbow Partnership Network Members

Rampton Hospital Razor's Edge Real Manchester.com Regional Syphilis Forum Rembrandt Hotel Ribblesdale Dr.Bury Rochdale CVS Rochdale GUM

Rocadale PCT Royal Northern College of Music Salford City Council Salford CVS Salford Library Salford PCT Salford University Sapporo Schools Out Scottish life Selfridges

SIr Ian McKellen SKV Communications Slade Cooper Slade Cooper SM Dykes Smithfield Project South Manchester PCT South Trafford PCT

South Iratiord PCT Sparkle Spirit Stockport Centre for Health Promotion Stockport GUM Clinic Stockport PCT

Stockport GUM Clinic
Stockport PCT
Stockport Sexual Health Joint Screening Project
Stonewall
Stonewall Citizen 21 Project
Strong Roots Consultancy
Sugar Pops
Superwide Digital
Sure Start
Tameside & Glossop PCT
Tameside Third Sector Coalition
Taurus
Terrence Higgins Trust
Terry Waller
The Birdcage
The Docs
The Joseph Rowntree Foundation
The Kings Arms (London)
The Lowry
The Outpost
The Ritz
Thompsons Arms
Tony & Guy
Tony Warren MBE
Trade
Trade
Trade
Trade
Trade
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T-Shirt Express
Turning Point
Unite LGBT Group
University Challenge
University College London
University of Central Lancashire (UCLan)
University of Manchester Student's Union
Urban Splash
Uzma Allen
Vanilla
Velvet
Via

Via Victim Support View

View
Viley
Viley
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Virtual Construction
Voluntary Action Manchester
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Withingtion GUM Clinic
Yorkshire Mesmac

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